



COURSE
RUN NB



2010 Road Race Calendar
Calendrier de course à pied

Run NB Executive 2010

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RunNB welcomes volunteers to our committee.
CourseNB vous invites à joindre notre comité.



COURSE
RUN NB

Benefits of being part of Run NB Road Racing

1. **Run NB** promotes road running in New Brunswick by coordinating all the dates of the races throughout the Province within an organized structure to ensure that all runners are aware of the events being offered throughout the year.
2. **Run NB** publishes an annual race booklet for all NB road races. This booklet includes race information such as: dates of the races, starting times, location, distances, contact persons for the races, etc.
3. **Run NB** provides liability insurance for all organizers, volunteers and runners participating in any of the events sanctioned by Run NB
4. **Run NB** maintains a website where race information, race results, Super Series and Timex Race Standings and other pertinent NB road racing news can be found.
5. **Run NB** provides to its sanctioned events some or all of the following:
 - a. A Large Digital Numbers Finish Line Clock
 - b. Race Bib numbers
 - c. Timex Watches
 - d. Provincial Championship prize money
6. **Run NB** presents Annual Awards to the First Three Overall Winners in the Super Series Races in the seven age group categories, for both Male and Female.

Join us and be part of the thousands of runners who do each year!



COURSE
RUN NB

Les avantages de faire partie de Course NB

1. **Course NB** promouvoit la course à pied au NB tout en communiquant et coordonnant toutes les courses de façon structurée afin de permettre aux coureurs de planifier leur calendrier pour l'année.
2. **Course NB** publie un livret annuel comprenant l'information pertinente pour les courses à pieds au NB.
3. **Course NB** fournit de l'assurance-responsabilité pour tous les organisateurs, volontaires et coureurs participant à n'importe lequel de ces événements sanctionnés par Course NB
4. **Course NB** maintient un site web où vous pouvez y retrouver les résultats des courses, classements de la Super Série, et divers autres nouvelles touchant la course à pied au NB.
5. **Course NB** rend les items suivants disponible en entier ou en partie:
 - a) Horloge digitale pour la ligne d'arrivée
 - b) Dossards
 - c) Montres Timex
 - d) Des prix d'argent pour les Championnats Provinciaux
6. **Course NB** présente annuellement, des prix aux gagnants de la Super Série aux hommes et femmes pour les sept catégories. La Super Série a comme objectif d'encourager les coureurs à participer à plus d'événements.

Venez-vous joindre des milliers de coureurs qui participent aux courses à pieds du N.-B.!



Chairperson's Message

RunNB is very excited to begin a new decade of road running in New Brunswick. But let me first remind you what RunNB and the running community have accomplished in the last ten years.

In 2000, RunNB already had a healthy calendar that included 29 events, with 10 Super Series. The total number of runners back then didn't quite reach 3000. By 2004, RunNB started seeing impressive increases in participants, 5300 runners, a 76% increase in only four years. Each year, the number of runners registered in RunNB events continued to rise. In 2009, a record number of 7900 runners and walkers participated in over 50 RunNB sanctioned events, 27 of them Super Series where runners collect points in their individual age category. Last year, RunNB and Miramichi River Runners agreed to join forces. The MRR have 22 events on their calendar, which registered over 600 runners of their own.

In addition to witnessing a running boom in the last ten years, what else would NB runners have noticed? Here are the major programs/improvements/features that runners in NB would have observed since 2000:

- Website (2000)
- Re-introduced Super Series (2001)
- Super Series sponsorship (2003)
- Stats (2004)
- Provincial Championships for 5K, 8K, 10K, 21.1K and Marathon (2006)
- Kids Run sponsorship (2007)
- Web Forum (2009)
- Hall of Fame (2009)
- Annual Banquet (2009)

So a new decade begins and many runners will have already noticed www.runnb.ca has undergone a facelift. The re-design is a fresh look to a site that will continue to offer visitors all the same content that runners have come to enjoy. In 2010, RunNB signed a three year contract with Running Room to sponsor the Super Series events. At same time, RunNB want to thank the Alex Coffin Fitness Shop for their commitment to the Super Series races for the last 3 years.

This year RunNB plans to host the 2nd Annual Runner/Walkers banquet in the Port City of Saint John. Starting in 2010, Timex Series will encourage NB top distance runners to participate in the Canadian 10K Championship on October 16th in Toronto.

In conclusion, RunNB will continue to promote fitness through running and try its best to make the experience enjoyable for all. It must also be mentioned that RunNB would be nowhere without the hard work from each and every race director and volunteer. On behalf of RunNB, I want to wish the runners and the Nordic walkers of NB the best of luck in 2010.

Gilles Gautreau
Chairperson



Message du Président

CourseNB est très enthousiaste à l'idée de commencer une nouvelle décennie de course au NB. Mais, laissez-moi tout d'abord vous rappeler ce que CourseNB a accomplie dans les derniers dix ans.

En 2000, CourseNB avait déjà un calendrier présentant 29 événements de courses incluant aussi 10 courses de la Super Série. À cette époque, nous comptions un peu moins de 3 milles coureurs. En 2004, nous enregistrons environ 5300 coureurs. C'est-à-dire une augmentation remarquable de 76% dans une période de 4 ans. Cet élan se continua pour qu'en 2009 un nombre record atteignit 7900 coureurs et marcheurs participant à plus de 50 courses dont 27 étaient de la Super Série. Ces événements permettent aux participants d'amasser des points dans leurs catégories d'âge individuelles.

En plus d'observer un accroissement de coureurs dans les derniers 10 ans, voici ce que CourseNB observa depuis l'an 2000:

- Un nouveau site web (2000)
- Le retour de la Super Série (2001)
- Un commanditaire de la Super Série (2003)
- Les statistiques (2004)
- Les Championnats Provinciaux au 5km, 8km, 10km, 21.1km et le marathon (2006)
- Un commanditaire pour les courses des jeunes (2007)
- Forum en ligne (2009)
- le Temple de la Renommée (2009)
- Banquet annuel (2009)

Une nouvelle décennie s'annonce et plusieurs pourront remarquer le renouvellement du site www.coursenb.ca. En 2010 CourseNB entreprend un contrat de trois ans d'une part avec Running Room qui commandite les événements de la Super Série et d'autre part avec Irving Oil, commanditaire pour les événements Jeunesse active. CourseNB désire en profiter pour remercier Alex Coffin Fitness Shop de leur engagement envers la Super Série les trois dernières années.

Cette année Course NB planifie un 2^{ème} banquet annuel dans la région du grand Saint Jean. Dès cette année, la Série Timex encourage les 10 meilleurs coureurs de longue distance à participer au Championnat Canadien 10 km qui se déroulera le 16 octobre à Toronto.

En conclusion, CourseNB continue de promouvoir la bonne forme physique par l'entremise de la course. Nous nous efforçons de rendre ces expériences agréables pour tous. Mais il faut reconnaître que ce travail diligent revient aussi à chaque coordinateur et bénévole des événements de course. De la part de CourseNB, j'offre aux coureurs et marcheurs Nordiques du NB la meilleure des chance en cette saison 2010.

Gilles Gautreau
Président



Welcome to the 2010 New Brunswick Road Racing Series

There are 50 exciting races which form the NB Racing Circuit. More than 20 of those races are designated as **Running Room Super Series** where runners will accumulate points towards the Provincial Standings. As results are received, points are compiled and will be posted on the Run NB web site. Runners will receive points only for the main race of a Super Series event.

Points will be calculated based on finish position within each age category (see list of categories below). Points will be awarded to the top 24 runners in each age category. See the point tables for positions and values. In the event 2 or more runners finish the season with an equal number of points, the runner achieving the best time at the 10K distance will win the tie.

Runners will remain in the same age category for the entire season, based upon their age as of December 31, 2010.

**Previous Super Series winners are posted on Run NB's website
(www.runnb.ca)**

POINTS FOR SUPER SERIES RACES

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts



**COURSE
RUNNB**

Age Categories:

(Men + Women, age on December 31, 2010)

19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+



Bienvenue aux séries des courses à pied de Nouveau-Brunswick pour l'année 2010

Cette année, Course NB comprends 50 courses au calendrier. Plus de 20 de ces courses font partie de la "Super Série Running Room". Vous pouvez y participer et accumuler des points envers les rangs provinciaux. Durant la saison de Course NB, les points du coureur sont accumulés et affichés sur le site web de Course NB.

Les coureurs reçoivent des points seulement pour les événements principaux de la Super Série Running Room. Les points sont calculés en se basant sur la position des coureurs dans leurs catégories d'âges respectives (voir la liste des catégories ci-dessous). En cas où deux ou plusieurs coureurs ont des points égaux à la fin de la série, le coureur qui recevra le meilleur temps sur une distance de 10km sera le gagnant.

Tout coureur demeurera dans la catégorie d'âge à laquelle il débuta la saison, basée sur son âge au 31 décembre 2010.

Les noms des anciens gagnants de la Super Série se retrouve sur le site web de Course N-B (www.coursenb.ca)

POINTS POUR LES COURSES SUPER SÉRIES:

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts



**COURSE
RUNNB**

Catégories:

(Homme + Femme, age au 31 decembre, 2010)

-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+



Welcome to the 2010 Timex New Brunswick Road Running Series Bienvenue à la saison 2010 de la Série Timex de course sur route du Nouveau-Brunswick

TIMEX CONTINUES TO BE ONE OF THE MAIN SPONSORS OF RUN NB, PROVIDING BOTH WATCHES AND FINANCIAL SUPPORT TO OUR ORGANIZATION. THANK YOU TIMEX!

TIMEX CONTINUE À ÊTRE UN DES PRINCIPAUX COMMANDITAIRES DE COURSE NB FOURNISSANT DES MONTRES ET DE L'AIDE FINANCIÈRE À NOTRE ORGANISATION. MERCI TIMEX!

What is the Timex Road Race Series?

It is a series of six races chosen by Run NB which are used to select NB's top distance runners and award prizes.

Qu'est-ce qu' est la série Timex des courses sur route?

C'est une série de six courses choisies par Course NB. Les résultats de ces courses sont utilisés pour choisir les meilleurs coureurs de fond du NB et leur accordées des prix.

How are points accumulated?

For each race, points will be awarded as follows: first will be worth 50 points, second is 45 points, 3rd place is 40 points, 4th is 35 points, 5th is 30 points, 6th is 29 points, etc. The runner who has the highest total points accumulated will be declared the Timex Series winner.

Comment est-ce que les points sont accumulés?

Pour chaque course, des points seront attribués comme suit: la première place reçoit 50 points, le 2ème 45 points, le 3ème 40 points, le 4ème 35 points, le 5ème 30 points, le 6ème 29 points, etc... Le coureur qui a accumulé le plus de pointage sera déclaré le gagnant de la série Timex.

Are cash prizes awarded by Run NB?

A total of \$1500.00 is available to be awarded each year to Timex Series participants. For more information visit: www.runnb.ca/General/programs.php?program=timex

Est-ce qu'il y a des prix d'argent de Course NB?

Est-ce que CourseNB remet des prix en argent? Un montant totalisant \$1500 est retenu pour attribué à chaque année aux participants de la Série Timex. Pour plus d'information visitez: www.runnb.ca/General/programs.php?program=timex

**Canadian 10km Championships
Toronto, Ontario
Saturday October 16th, 2010
Championnat canadien du 10 km
Toronto, Ontario
Samedi 16 octobre 2010**



Register today for one of these great events from our Running Room Super Series in New Brunswick!

Grand Digue 15K

April 24th, Grande Digue, NB

Get Your Blood Pumping

May 16th, Saint John, NB

Assomption Vie

June 5th, Dieppe, NB

Legs for Literacy

October 24th, Moncton, NB

Visit us online or drop by a store location to check out our training programs

Join us for our FREE practice sessions every Wednesday at 6:00 pm and Sundays at 8:30am

www.runningroom.com

Fredericton Running Room

Kings Place Unit 26, 440 King St

Ph: (506) 459-4440

fredericton@runningroom.com

Moncton Running Room

Landing at the Bend, 300 Main St

Ph: (506) 386-6002

moncton@runningroom.com

Saint John Running Room

Brunswick Square, Unit A1 39 King St

Ph: (506) 652-6946

brunswicksquare@runningroom.com

Kids LiveWell is a new RunNB program, sponsored by Irving Oil. The program is geared towards youth participation in the road races that take place during the RunNB season (late April to early November).

At Irving Oil, the health and wellness of its employees and community are core values. Over the years the company has sponsored many active living programs and sports for youth, from the Run, Jump, Throw Program to the annual Bantam AAA hockey championship, the Irving Oil Challenge Cup. Irving Oil is proud to offer the Kids LiveWell program to young runners throughout New Brunswick.

Any race organizer of a RunNB-sanctioned event can offer Irving Oil's Kids LiveWell run. The Kids LiveWell run is for distances of 1K to 3K and is open to runners 14 years of age and under. Event organizers may establish multiple age categories, as long as all participants are within the given age limit. Youth cannot participate in both Irving Oil's Kids LiveWell run and another distance at the same event.

Irving Oil's Kids LiveWell run is a fun event focused on participation, not competition. As such, all participants will be presented with Kids LiveWell medals, and no standings or monetary/year-end prizes will be given.

As an incentive for offering Irving Oil's Kids LiveWell run, event organizers will not be charged a race day fee by RunNB, and RunNB will supply all bibs, medals and the race clock.

RunNB would like all event organizers to consider offering Irving Oil's Kids LiveWell run this year and in the running seasons to come.

Jeunesse active est un nouveau programme de Course NB commandité par Irving Oil. Il vise à faire participer les jeunes aux courses sur route qui ont lieu pendant la saison de Course NB, de la fin avril au début novembre.

Chez Irving Oil, la santé et le bien-être des employés et de la communauté sont des valeurs capitales. Au cours des années, l'entreprise a commandité beaucoup de programmes de vie active et de sports pour les jeunes, du programme Cours, saute, lance à la Coupe Défi Irving Oil, le championnat annuel de hockey bantam AAA. Irving Oil est fière d'offrir le programme Jeunesse active aux jeunes coureurs de toute la province.

Tout organisateur d'un événement sanctionné par Course NB peut proposer le programme Jeunesse active d'Irving Oil. La course

Jeunesse active a lieu sur des distances de 1 km à 3 km et elle est ouverte aux coureurs jusqu'à l'âge de 14 ans. Les organisateurs de l'événement peuvent établir des catégories d'âge multiples pourvu que tous les participants et participantes aient moins de 15 ans. Les jeunes ne peuvent pas participer à la fois à une course Jeunesse active d'Irving Oil et à une course d'une autre distance lors du même événement.

La course Jeunesse active d'Irving Oil est un événement amusant axé sur la participation et non la compétition. Tous les participants reçoivent une médaille Jeunesse active et il n'y a ni classement ni prix en argent ou trophée de fin de saison.

Pour encourager les organisateurs à proposer une course Jeunesse active d'Irving Oil, Course NB n'imposera pas de frais de journée de course et fournira tous les dossards, les médailles et le chronomètre.

Course NB aimerait que tous les organisateurs d'événement envisagent de tenir une course Jeunesse active d'Irving Oil cette année et les saisons de course à venir.



A FORT RELIANCE COMPANY

RunNB – Provincial Championships



WHAT ARE THE PROVINCIAL CHAMPIONSHIPS?

5 Races – 5 Distances

For 2010, RunNB presents the following five Provincial Championship events:

DISTANCE	EVENT	CITY	DATE
5km	LINCOLN 5K ROAD RACE	Lincoln	April 11th
8km	HAMPTON 5 MILER	Hampton	September 12th
10km	10KM CHALEUR BANQUE NATIONALE	Beresford	June 12th
21.1km	LEGS FOR LITERACY	Moncton	October 24th
42.2km	FREDERICTON MARATHON	Fredericton	May 09th

Each Provincial Championship earns double points in the Running Room Super Series. Prize money goes to the top 3 overall male & female in each race.

For more details, go to the RunNB website at:

<http://runnb.ca/General/programs.php?program=prov-champs>

Championnats Provinciaux de CourseNB



QU'EST-CE QU'UN CHAMPIONNAT PROVINCIAL DE COURSENB?

5 Courses – 5 Distances

Pour 2010, CourseNB inclura les cinq Championnats Provinciaux suivants:

DISTANCE	EVENT	CITY	DATE
5km	LINCOLN 5K ROAD RACE	Lincoln	11 avril
8km	HAMPTON 5 MILER	Hampton	12 septembre
10km	10KM CHALEUR BANQUE NATIONALE	Beresford	12 juin
21.1km	LEGS FOR LITERACY	Moncton	24 octobre
42.2km	FREDERICTON MARATHON	Fredericton	09 mai

Accumulez le double des points de la Super Serie Running Room.
Prix monetaires aux 3 premiers finissants.

Pour plus de renseignements, allez au site web de CourseNB:

<http://runnb.ca/General/programs.php?program=prov-champs>



Schedule Of Events ***Horaire des courses***

ALL EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON.
REFER TO OUR WEB SITE WWW.RUNNB.CA FOR UPDATES & RESULTS.

TOUS LES ÉVÉNEMENTS SONT SUJETS AU CHANGEMENT. VÉRIFIEZ TOUJOURS AVEC
LA PERSONNE DE CONTACT ET RÉFÉREZ-VOUS À NOTRE SITE WEB WWW.COURSENB.CA
POUR MISES À JOUR ET RÉSULTATS.

KEY TO RACE INFORMATION



Date



Location / Lieu



Race Start
Départ



Distance(s)



Registration
Enregistrement



Registration Fee
Coût d'enregistrement



Mailing
Postale



Contact



Course Records



Provincial Championship



Race Status
Statut des courses



Online Registration



Info

St-Isidore à Tracadie-Sheila

Demi-Marathon ***de l'Acadie 2010***

267e : Sun, April 4 / Dimanche, 4 avril
268e : Sun, May 2 / Dimanche, 2 mai
269e : Sun, June 6 / Dimanche, 6 juin
270e : Sun, July 4 / Dimanche, 4 juillet
271e : Sun, August 1 / Dimanche, 1 août
272e : Sun, September 5 / Dimanche, 5 sept
273e : Sun, October 3 / Dimanche, 3 octobre
274e : Sun, November 7 / Dimanche, 7 nov
275e : Sun, December 5 / Dimanche, 5 dec

REGISTRATION/ENREGISTREMENT 09:00-09:30AM, PISCINE S.-A.-DIONNE – START/DÉPART 10:00AM

Flat course from St. Isidore to Tracadie-Sheila; medals for top 3 finishers
Parcours de St-Isidore à Tracadie-Sheila sur un parcours relativement plat; médailles
Contact: Jean-Marie Breau, Tel: 506-395-5892, Email: jmb21km@hotmail.com;
or/ou Donald Wade, Tel: 506-395-2890, Email: donw@nb.sympatico.ca

www.demi-marathon.anb.ca

#1

LINCOLN 5K ROAD RACE



Sun, April 11 / Dimanche, 11 avril

Lincoln, NB

5km Road Race, Walk & Team Event,
400m & 800m Kids Races

10:00am, 105 Good Homes Road,
Lincoln, NB (follow the bright orange
race signs starting at Lincoln Rd)

Race Day Reg: 08:00 - 09:30am,
at the start location (see above)

www.atlanticchip.ca

Running Room Super Series #1

Provincial 5K Championship



\$22.00 before March 11th (Late Fee \$27.00)

Male: Matt Pieteron - 16:47 (2009)

Female: Sara MacPherson - 18:15 (2008)

Shawn Hamilton, Tel: 506-455-9695,
Email: traceyh1@nb.sympatico.ca;
or: Sheryl Johnstone,
Email: Sheryl.Johnstone@gnb.ca



Tech-Shirts for the first 30 registered. Next 50 registered will get free water bottles. Cut glass trophy & cash awards for top 3 M/F 5K finishers. Timex watches to M/F overall winners. \$50 for new course record. 3-member team event in the 5km race (medals & awards). Medals for first 5 walkers. Food & drinks, lots of draw prizes.

#2

ROTHESAY SPRING FLING



Sun, April 18 / Dimanche, 18 avril

Rothesay, NB

Run / Walk / Nordic Event
15K, 10K, 5K, 2K Family Walk/Run

08:30am, Renforth Wharf

08:00am, Renforth Wharf

No race fee - donations to the Arthritis
Society accepted on race day



Online Reg: www.ontherun411.com

Sanctioned

Daryl Steeves, www.ontherun411.com,
Email: daryls@nb.sympatico.ca

This is an early season casual event.
There will be no timing and no course support. Draw prizes available. Please pre-register online, there is no fee but we need to know numbers to allow planning.

#3

BRENT KELLY MEMORIAL 5-MILER



Sat, April 24 / Samedi, 24 avril

Saint John, NB

5mi Run/Walk

09:00am, Irving Nature Park,
Eastern end of Saints Rest Beach

Pre-Registration: Alex Coffin's
Fitness Shop, Main Street West
Thurs 6:00 - 8:00pm, Fri Noon - 7:00pm
Race Day Reg: until 08:00am (beach)

www.atlanticchip.ca



Sanctioned

Individual: \$25.00; Family Registration:
\$60 per family (3 or more)

Male: Alex Coffin - 28:05 (2005)

Female: Jessica Belliveau - 33:37 (2006)

Marta Kelly, Tel: 506-672-0911,
Email: tigger39@nbnet.nb.ca

Course: Irving Nature Park - across the beach, clockwise around the park & return. Water stops, prizes for top 3 M/F, Draw Prizes



5K Races

Apr 11, May 16, Jun 13, Sep 12, Oct 10, Nov 14 & 21
 Start 11:00am, Linden Rec Centre (next to Miramichi Civic Centre/Rink)
 Race Day Registration: 10:00-10:30am, Linden Rec Centre
 July 18th: Irish Fest at Lord Beaverbrook Arena
 August 22nd: Carrolls Crossing 5K

10K Races

May 30, July 25, Sep 19
 Start 11:00am, Linden Rec Centre (next to Miramichi Civic Centre/Rink)
 Race Day Registration: 10:00-10:30am, Linden Rec Centre

Mile Races

June 27, Aug 08, Sep 5 (Championship)
 1 Mile Race at General Manson Way. Start Time: 11:00am

Cross Country

Sept 25, Oct 16 & 23
 11:00am at the Ski Club

Registration for all events is \$4
 Website: web.me.com/scorbord/
 Contact: Brian Richard
 Tel: 506-622-7280
scorbord@mac.com

December 4th – Awards Night (at Karl Robichaud's home)




#4 LE 15KM DE GRANDE-DIGUE

 Sat, April 24 / Samedi, 24 avril
 Grande-Digue, NB
 3K, 15K
 10:00am, Grande-Digue Catholic Church
 Race Day Reg: École de Grande-Digue, until 09:30am
 Online Reg: www.runningroom.com
 Timex #1,
 Running Room Super Series #2 (15km)

 Sylvio C. Bourque, Tel. 506-576-7082,
 Email: sylcbourque@yahoo.ca
 Male: Matt Pieteron - 49:03 (2009)
 Female: Genevieve Lalonde - 58:27 (2008)
 Scenic and fast course with downhill finish,
 post-race pasta meal, post-race massage,
 14 race jackets for age group winners,
 cash awards for top 10 finishers (M/F),
 40 major draw prizes, finisher medals,
 \$100 for new course record (M/F)

#5 DAVE MCAULAY 5K FOLLY










 Sun, April 25 / Dimanche, 25 avril
 Sackville, NB
 5K Road Race
 2:00pm, MTA Athletic Centre
 Race Day at 1:00pm, MTA Athletic Centre, corner of York & Landsdowne
 Free! *Gratuit!*
 Sanctioned

 Ross Thomas, Tel. 506-364-2403,
 Email: grothomas@gmail.com
 Jeremie Pellerin - 16:43
 Gently rolling hills within town limits with a downhill finish.
 Cash prizes for youth runners.
Parcours à petites côtes roulantes à l'intérieur des limites de la ville.










#6 SCOTIABANK FREDERICTON MARATHON

	Sun, May 09 / Dimanche, 09 mai		Online Reg Fees: 5K & 10K Run/Walk \$35.00 / Half Marathon Run/Walk \$55.00 / Marathon \$60.00 / Marathon Relay (Team of 6) \$300 / 2.2K Kids Race is Free (through your schools in Districts 17 & 18)
	Fredericton, NB		
	42.2km, 21.1km, 10km, 5km, 2.2km Kids Race (ages 5-14) and Walking Categories		
	Start Officers Square: Early Start Marathon at 07:00am / Marathon & 1/2 Marathon: 08:00am / 10km, 5km: 08:30am		<i>Male:</i> Chris Brake - 2:41:37 (2005) <i>Fem:</i> Margaret Johnson - 3:22:54 (2007)
	NO Race Day Registration		More info: www.FrederictonMarathon.ca
	Online Reg: www.atlanticchip.ca		ChampionChip timing, Tech T-Shirts, unique Finisher medals, meal, awards & prizes, race expo, scenic & flat course
	2010 Provincial Marathon Championships		<i>ChampionChip, Tech T-Shirts, médailles aux finissant, repas, prix, l'expo sport, piste panoramique et plat</i>
	Running Room Super Series #3 (Marathon), certified Marathon course		

#7 K-PARK 5K

	Sun, May 16 / Dimanche, 16 mai		Laurie Young, Tel.: 506-214-2467, Email: Laurie.Young@gnb.ca – or: Alex Coffin's Fitness Shop, Tel.: 506-848-4322, Email: marathoncanada@live.com
	Rothsay, NB		
	5K, 1K		
	11:00am, K-Park School		Lots of draw prizes and a great barbecue!! Nordic Walkers and pets are welcome! Funds raised will go towards K-Park School. Awards: Part of a 5K Double Crown with the Rothsay Elementary 5K. Outdoor BBQ. Stainless steel water bottle to all participants.
	10:00 - 11:00am, K-Park School		
	\$20.00		
	Sanctioned		

#8 GET YOUR BLOOD PUMPING 10K

	Sun, May 16 / Dimanche, 16 mai		Pre-Reg \$20.00 (prior to May 1st)
	Saint John, NB		Garth Millar, Tel: 506-214-1085 Email: garth@seelystreet.com
	10km		
	09:00am, Canadian Blood Services		<i>Male:</i> Alex Coffin - 35:20 (2007) <i>Female:</i> Brenda Guitard - 43:45 (2009)
	Online Reg: www.events.runningroom.com		Scenic route, draw prizes. \$\$ for new course records. - Canadian Blood Services need your donations. Contact them at 1 888 236 6283 to schedule your appointment to give blood.
	Race Day Reg: 07:00 - 08:30am, Canadian Blood Services, University Ave		
	Running Room Super Series #4		

#9 COURSE ALFRED-VICTORIA DESROSIERS

	Sat, May 29 / Samedi, 29 mai		Sanctioned
	Balmoral, NB		Guy Chiasson, Tel 506-826-6060; Email: vilbalgc@nbnet.nb.ca
	8K		
	10:00am, Centre communautaire		T-Shirts for the first 50 registered, medals for the first 3 positions (male & female), lots of draw prizes and barbecue. Fast course!
	Race Day Reg: 08:30 - 09:30am, Centre communautaire		<i>Chandails pour les 50 premiers enregistrés, médaille pour les 3 premières positions, hommes et femmes, plusieurs prix à tirer et barbecue. Course rapide!</i>
	\$15.00		

#10 MARCHÉ DE LA VIE / WALK OF LIFE










	Sat, May 29 / Samedi, 29 mai		Sanctioned
	Moncton, NB		Monique Dufour Doiron, Tel. 506-858-3779, E-mail: monique.dufour.doiron@UMoncton.ca or: Sophie Julie Thériault, Tel. 506-858-3779, E-mail: sophie.julie.theriault@umoncton.ca
	2.5km Walk & 5km Run/Walk		
	11:00am, Gymnase/Gymnasium, Université de Moncton		T-Shirts for first 150 registered, run around Université de Moncton Campus, Start/Finish at the Ceps. Awards, snacks, draw prizes.
	Pre-Reg by phone: 506-858-3779 Race Day Reg: 10:00am, Gymnasium, Université de Moncton		<i>T-shirts aux 150 premiers enregistrés, Course autour du Campus de l'Université de Moncton, départ-arrivé au Stade.</i>
	\$20.00		

#11 RUN TO CURE DIABETES

	Sun, May 30 / Dimanche, 30 mai		\$25.00
	Oromocto, NB		Lloyd Chambers: Tel. 506-260-6047, E-mail: lloyd.chambers@hotmail.com
	5km Run/Walk, 500m Kids Run		
	10:30am, Sir Hazen Park, Oromocto		Sanctioned
	Race Day Reg starts at 09:00am, Sir Hazen Park, Oromocto		Male: Eric Hopper – 19.56 (2009) Female: Michelle Roy – 22.27
	Online Reg: www.runningroom.com		T-Shirts, Awards Banquet with BBQ

#12

RIVER VALLEY RAVE RUN

	Sat, June 5 / Samedi, 5 juin		\$20.00 (Late Fee: \$25.00)
	Grand Bay-Westfield, NB		David Shiels, Tel: 506-738-6500 Email: david.shiels@nbed.nb.ca
	5km, 1mi Kids (Future Series)		Very flat - fastest 5K course in NB! T-Shirts for first 75 registered, age category medals, draw prizes & snacks. <i>Parcours plat et rapide, T-shirts (75 1er enregistrés), médailles</i>
	11:00am, RV Middle School Front Gate		
	09:00am, River Valley Middle School		
	Running Room Super Series #5 (5km)		

#13

COURSE ASSOMPTION VIE













	Sat, June 5 / Samedi, 5 juin		Male: Carol LaPage - 33:39 (2002) Female: Patty Blanchard - 37:36 (2002)
	Dieppe, NB		Rachelle Landry, Tel: 506-853-5464, Email: rachelle.landry@assomption.ca or: Guylaine Gauvin, Tel: 506-857-9400, Email: guylaine.gauvin@assomption.ca
	10km, 5km Run & Walk, 1km Kids		Chip Timing Event, flat & fast course, nice medals for all participants, draw prizes. Banquet starts at 11:00am. <i>ChampionChip, parcours plat, belle médaille pour tout participant, tirage de beaux prix</i>
	9:30am		
	Race Day Reg at Ecole Anna-Malenfant, 500 rue Centrale, Dieppe		
	Running Room Super Series #6 (10km)		
	TBA		

#14

ROTHESAY ELEMENTARY CARING FOR KIDS 5K

	Sun, June 06 / Dimanche, 06 juin		1K Kids: \$2.00, 5K: \$20.00
	Rothesay, NB		Sanctioned
	5K, 1K Kids Run		Kodi MacGougan, Email: kodi.macgougan@nbed.nb.ca
	1K Kids: 9:30am, 5K: 10:00am, Rothesay Elementary School		T-shirts for the first 75 registered, plaques for fastest male & female. Free post race leg massage and snack table. Double loop course with downhill finish.
	Race Day Reg: 07:30 - 09:00am, Rothesay Elementary School		

#15 MARATHON DE LA BAIE DES CHALEUR

	Sun, June 6 / Dimanche, 6 juin		Pre-Reg.: \$40 for Marathon & Half-Marathon (Late Fee \$50 after May 1st) - 10km & 6km: \$30 (19 & over) or \$15 (18 & under)
	Charlo, NB		<i>Male:</i> Victor Hickey - 2:38:48 (2002) <i>Fem:</i> Pam Power-McKenna - 3:15:09 (2001)
	42.2km, 21.1km, 10km (SS), 6km		Running Room Super Series #7 (10km)
	9:00am for Marathon & Half Marathon, 9:15am for 6km & 10km		Scenic & flat course along Bay of Chaleurs, supper, finisher medals, certificates, T-shirts for 1st 75 participants
	Location: Route 134 Charlo		<i>Parcours panoramique et plat suivant la Baie des Chaleurs, souper, repas chaud, médailles aux finissant du marathon & demi, T-Shirts (75)</i>
	Race Day Reg: 07:00 - 08:30am, Charlo Golden Age Club, 17 Arena St		
	Online Reg: www.zone4.ca		
	Jeannita Caron: Tel. 506-684-5133 (H), E-mail: jeannita@live.ca		

#16 10 KM CHALEUR BANQUE NATIONALE

	Sat, June 12 / Samedi, 12 juin		Running Room Super Series #8 (10km)
	Beresford, NB		Mario Boudreau, Tel. 506-783-7254, or: Denis St-Onge, Tel. 506-548-4137, Email: stonge.d@pg.com
	10km, 5km Run & Walk, 300m & 1K Kids Runs (free)		<i>Male:</i> Joel Bourgeois - 29:35 <i>Female:</i> Patty Blanchard - 35:49
	11:00 am, Sportek Beresford		Chip Timing, flat & very fast course, T-Shirts, \$\$ and medals, draw prizes, post race meal, kids runs are free (medals for kids).
	Fri, June 11 from 6:00 - 9:00 pm & Sat June 12 from 7:00 - 9:00 am		<i>Temps avec puce électronique, parcours plat et rapide, T-Shirts, \$\$ et médailles, prix de présences, repas; course pour enfants gratuit, chaque participant recevra une médaille</i>
	Location: Sportek Curling Club, Beresford		
	Online Reg: www.atlanticchip.ca		
	5K & 10K Run: \$25.00 / 5K Walk: \$10.00		
	Provincial 10K Championship		

#17 CATCH THE BUG 10K


	Sun, June 13 / Dimanche, 13 juin		5K & 10K Run: \$25.00 / 1K Kids: \$5.00
	Saint John, NB		Cheryl McConkey, E-mail: Cheryl.McConkey@saintjohn.ca
	10km / 5km / 1km Kids		<i>Male:</i> Michel Boudreau - 32:23 (2000) <i>Female:</i> Leslie Carson - 36:56 (2002)
	10:00am, Market Square		\$\$ for top 3 finishers (M/F) in 10K, T-Shirts for first 150, draw prizes
	Race Day Reg: 08:00 - 09:30am, Rear Entrance Market Square		<i>Bourses aux trois 1er 10K finissants (H&F), T-shirt (1er 150 enregistrés), prix de présences</i>
	Online Reg: www.atlanticchip.ca		
	Running Room Super Series #9 (10km)		

#18

ARMY 10K

	Sat, June 19 / Samedi, 19 juin		5K & 10K: \$20.00 / Kids Race: Free
	CFB Gagetown, Oromocto, NB		Stephanie Haynes, Tel: 506-422-2000/3537, Email: Stephanie.Haynes@forces.gc.ca
	10km, 5km Run/Walk, Kids Run		<i>Male:</i> Asaf Rashid - 33:38 (2003) <i>Fem:</i> J. Bellavance-Leblanc - 42:45 (2003)
	Nordic Walkers start at 8:15am, Kids 9:00am, Main Event 9:30am. Start Location: Base Gym		Course on Base Running Trails, medals, T-Shirts (for first 100), draw prizes <i>Parcours sur les sentiers de la base militaire, médailles, T-shirts (premier 100 enregistrés), prix de présences</i>
	Race Day Reg: 8:00 - 9:00am, CFB Gagetown Base Gym		
	Running Room Super Series #10 (10km)		

#19 ST. ANDREWS FATHER'S DAY ROAD RACE

	Sun, June 20 / Dimanche, 20 juin		5mi: \$15.00, Kids Races free
	St. Andrews, NB		Running Room Super Series #11
	5 mi, 1km & 2km Aliant Future Series		<i>Male:</i> Jamie McSkimming - 25:33 (1981) <i>Female:</i> Michelle Cormier - 29:59 (1999)
	Kids Races start at 9:45 am, 5 mile race starts at 10:00 am, Sir James Dunn Academy High School		32nd running of the same beautiful & challenging coastal course since 1979, trophies & medals, refreshments, draw prizes, ribbons for kids <i>Établie en 1979, un parcours panora- mique côtier, trophées, médailles, rubans aux jeunes coureurs et prix de présences</i>
	8:30am - 9:45am, Sir James Dunn Academy High School, top of King St		
	Mike Power, Tel: 506-529-3065 (H), E-Mail: powermj@nbnet.nb.ca - or: Verne Cunningham, Tel: 506-529-3769		

#20 DO IT FOR DAD 5K

	Sun, June 20 / Dimanche, 20 juin		Daryl Steeves, Email: daryl_steeves@hotmail.com
	Saint John, NB		Running Room Super Series #12
	5K Run/Walk for Prostate Cancer Research, 1K Walk		Lunch & Snacks, prizes, flat & fast couse, T-shirts. All proceeds go to Prostate cancer research & education <i>T-shirts, goûter. Course plat & rapide. Les profits seront remis à la société du cancère de la prostate.</i>
	11:00am, Market Square Boardwalk		
	9:30am, Market Square Boardwalk		
	Online Reg: www.atlanticchip.ca		
	\$20.00		

#21

10KM RHÉAL HACHÉ

Sat, June 26 / Samedi, 26 juin



Saint-Isidore, NB



5km Run/Walk, 10km Road Race



10:00am, Bois Gagnon



8:00 - 9:30am, Complexe Léopold-Thériault, St-Isidore, NB

Albénie Losier, Tel. 506-395-5752,
E-mail: benilosier@hotmail.com

Students: \$20.00 / Adults: \$25.00

Male: Joel Bourgeois - 30:08 (1995)
Female: Patty Blanchard - 35:14 (1993)Timex #2 (10km),
Running Room Super Series #13 (10km)Course from Bois-Gagnon (Start) to Rec Centre St-Isidore (Finish), Meal, T-shirts, money prize, draw prizes, chip timing
*Départ de Bois-Gagnon, arrivée au Centre récréatif de St-Isidore, Repas, T-Shirts, prix monétaire, prix de présences, ChampionChip***#22 CST. BRUCE HADLEY RELAY RUN FOR HEART**

Sat, June 26 / Samedi, 26 juin



Fredericton/Edmundston, NB



Approx. 275km Relay, 5-21km



8:00am (first leg of team relay)



Online Pre-Registration only

Online Reg: www.relayrunforheart.ca

\$10.00/runner prior to June 1st



Sanctioned

Angie Thibodeau, Tel: 506-459-5126 / 999-0125,
Email: angie.thibodeau@hotmail.com
or: Sheri Dryden, Tel: 506-452-3737 / 260-1479
Email: sheri.dryden@rcmp-grc.gc.ca30 hour team relay run across the beautiful province of New Brunswick. Wind your way from one of two starting points (Fredericton or Edmundston) to finish in Bathurst. T-shirts, Team Spirit Award. Banquet time: Sunday June 27th, 2010 @ 2:00 pm. For more info: www.relayrunforheart.ca

#23

DAIRY QUEEN ROAD RACE

Sat, June 26 / Samedi, 26 juin



Campbellton, NB



10km Run, 5km Run/Walk

10:00am, Campbellton Waterfront,
Salmon PlazaRace Day Reg: 08:00 - 09:30am,
Memorial Civic Centre

Running Room Super Series #14 (10K)



\$20.00

Scott Fergusson, Tel: 506-759-9751,
Email: fergusson_23@hotmail.comScenic & flat course along coast, medals, draw prizes, T-shirts, refreshments
Parcours panoramique et plat, médailles, prix de présences, T-shirts, goûter

#24 CST. BRUCE HADLEY RELAY HALF MARATHON


 Sun, June 27 / Dimanche, 27 juin


 **Lavillette, NB**
(located between Miramichi & Bathurst)


 21.1km


 07:30am at Restaurant La Bonne Route, Lavillette, NB (intersection of Hwys 8 & 450)

 Race Day Reg: 06:30 - 07:00am, Restaurant La Bonne Route, Lavillette (intersection of Hwys 8 & 450)

 Running Room Super Series #15

 \$10.00 / \$100 pledge for Heart & Stroke Foundation of NB

 Gabriela Tymowski, Tel: 506-447-3231
Email: gtymowski@gmail.com

 This point-to-point 21.1 km race will fall within the Cst. Bruce Hadley Memorial Relay Run for Heart. Technical run shirts for all who register by June 15; transportation provided back to start.

July/juillet 2010**#25 CANADA DAY 10 MILER**

 Thursday, July 1 / Jeudi, 1 juillet


 **Grand Bay-Westfield, NB**


 5km, 10km, Main Event 10 miler


 Nordic Walkers at 8:00am,
Runners at 9:00am


 7:30 - 9:00am, Human Performance Centre, River Valley Community Centre

 Online Reg: www.atlanticchip.ca

 \$25.00

 Running Room Super Series #16

 Earle Burrows, Tel. 506-738-3554, Email: earle.burrows@humanperformancecentre.ca

 T-shirts/hats, luncheon, draw prizes, awards Rolling & scenic course. Alex Coffin's Fitness Shop is offering a \$10 gift certificate to all Saint John area participants who register on-line before June 25th.

#26 COURSE GEORGE GALLANT 10K

 Sat, July 03 / Samedi, 03 juillet

 **Shediac, NB**

 10km, 5km, Kids (6-14) 1km,
Kids (0-5) 100m

 1km - 09:30am / 100m - 09:40am /
10km - 09:50am / 5km - 10:00am.
Start: Louis-J.-Robichaud High School

 08:00 - 09:00am, LJR High School

 Timex #3 (10km),
Running Room Super Series #17 (10K)

 Online Reg: www.atlanticchip.ca

 5K & 10K: \$20.00 / 1km Kids: \$12.00 /
100m Kids: \$10.00

 Daniel Gallant, Tel: 506-743-7363,
E-Mail: daniel.gallant@ent-kent.ca

 *Male:* Randy Bullerwell - 31:25 (1991)
Female: Patty Blanchard - 36:12 (1992)

 Fast course, T-shirts (300), meal, awards,
draw prizes, trophies
*Parcours rapide, T-shirts (300), repas,
trophes, plein de prix au hasard*

#27

MIRAMICHI ROCK 'N RUN

Sun, July 4 / Dimanche, 4 juillet



Running Room Super Series #18 (21.1km)



Miramichi, NB



Laura Roche, Race Director



21.1km / 10km + 5km Run & Walk

Email: slauenwhite_laura@hotmail.com



8:30am, Linden Recreation Centre



Early Bird Pre-Reg (before June 12): 5km \$25.00 / 10km \$30.00 / 21.1km \$40.00. Reg after June 12: 5km \$25.00 / 10km \$40.00 / 21.1km \$50.00



Note: No Race Day Registration!

Info: www.rocknrun.ca. ChampionChip timing, food, T-Shirts, entertainment, prize money! *ChampionChip, goûter, T-shirts, musiciens*

Online Reg: www.atlanticchip.ca

Info: www.rocknrun.ca

#28

COURSE À PIED BON COEUR

Sat, July 10 / Samedi, 10 juillet



2km: \$8 / 5km: \$10 / 10km: \$15



St. Quentin, NB



Mireille Caron, Tel: 506-235-3389 (H),



1km Kids / 2km / 5km / 10km

E-mail: loisirs@saintquentin.nb.ca



10:00am, École élémentaire Mgr Martin

*Male: Ynuk Bossé - 35:20 (2000)**Female: Michelle Cormier - 38:00 (2001)*Race Day Reg: 08:30 - 09:30am,
École élémentaire Mgr Martin

Flat course, medals, draw prizes, T-Shirts, refreshments, medical services



Running Room Super Series #19 (10km)

Parcours rapide, médailles, prix de présences, T-shirts, goûter, services médicaux

#29

EMERA BRUNSWICK PIPELINE CELEBRATION OF GREEN SPACE

Sun, July 11 / Dimanche, 11 juillet



Fees TBA



Saint John, NB



Mike Doyle, Email: mrdoylerth@yahoo.ca,

Main Event: 15.86 mi
8.9 mi / 2.6 mi / Corporate Relay

Tel: 506-672-4194; or Daryl! Steeves,

Email: daryls@nb.sympatico.ca



08:00am, Lily Lake Pavilion

**Please see event ad on pg 21.** "Celebration of Green Space" family fun event, with Rock Climbing, Geo Cashing, Wagon Rides, Kayaking... This three year event will be offering a new three year interconnected medal.

Race Day Reg TBA



Sanctioned



RUN THROUGH HISTORY CELEBRATION OF GREEN SPACE



P.O. Box 364, Saint John, NB E2L 4L9 | 506.672.4194 | mrdoyleth@yahoo.ca

After the success of the Run Through History Tri Fort Run, the 2010 Run Through History has set its sights on a "Celebration of Green Space". This unique event as in its title, will be celebrating some of the most popular community green spaces in Saint John. The Celebration of Green Space will be offering its participants a collectible bas relief hand satined pewter medallion that will connect together to create a one-of-a-kind keepsake.

Schedule of Events

(Registration Headquarters Rockwood Pond Interpretation Centre)

SATURDAY, JULY 10, 2010

- 10:00am - 6:00pm: Registration and Packet Pick-Up (Interpretation Centre)
12:30pm: Fundy Region Recycle Boat Race
(Home made boats race for the Recycling Challenge Cup)
1:30pm: Rock Climbing, Geo Cashing, Wagon Rides, Kayaking,
6:30 - 7:30pm: Sponsors Meet & Greet (Lilly's Cafe)



SUNDAY, JULY 11, 2010

- 7:00 - 7:45am: Packet pick up (Lily Lake Pavilion)
7:45am: Pre race instructions
8:00am: 9.02 miler and 15.84 miler start
8:15am: Future Focus Relay and 2.6 miler (Through Park)
11:00am: Beach Supervised (Rock Climbing, Geo Cashing,
Wagon Rides, Kayaking)
12:30pm: Awards Ceremony (Lily Lake Pavilion)
1:00pm: Participant and Volunteer Victory Party (Lilies Café)










**JOIN US JULY 10th and 11th for the most entertaining
family fun event in Atlantic Canada!**

www.celebrationofgreenspace.com

#30 GRAND MANAN BOYS & GIRLS CLUB 1/2 MARATHON & 10K

	Sat, July 17 / Samedi, 17 juillet		Pete Sesplankis, Tel: 506-662-3653, Email: sesplankis@live.ca – or: Allyson MacDonald, Email: allyson.macdonald@scotiabank.com
	Grand Manan, NB		
	21.1km / 10km		
	10:00am, Sailor's Landing		10km: \$15.00 / Half Marathon: \$25.00
	Fri, July 16th from 06:30 - 08:00pm at Pop's Store (just before hospital) or on race day 08:30 - 09:30am at the Start		Sanctioned
	www.atlanticchip.ca		Scenic ocean view run, medals, prize money for top finishers (m & fem), t-shirts <i>Médailles, prix monétaire, t-shirts</i>

#31 COURSE CLARENCE BASTARACHE RUN

	Sat, July 17 / Samedi, 17 juillet		Running Room Super Series #20
	Bouctouche, NB		<i>Male: Gilles Gautreau - 34:03 (2005) Female: Patty Blanchard - 38:17 (2005)</i>
	5km Run/Walk, 10km		
	10:00am		Flat oceanview course from Bouctouche Dune (Irving Eco-Centre) to MM School, medals, draw prizes, free item for all participants <i>Parcours plat avec vue de la mer, commence à la dune de Bouctouche (Irving Eco-Centre) et fini à l'école MM, médailles, beaucoup de prix de présences</i>
	Race Day Reg: 08:00 - 09:30am, Gymnase École Dr-Marguerite-Michaud		
	Jean-Noel Allain, Tel: 506-743-5960, or: Guy Allain, Email: guy.allain@gnb.ca		
	\$20.00		





#32 5KM DU FESTIVAL DES CHOIX DE BRUXELLES

	Sat, July 31 / Samedi, 31 juillet		Sanctioned
	Rogersville, NB		\$7.00
	5km		Jérémie Pellerin – 16:34 (2009)
	10:00am, Aréna de Rogersville		Very flat course in the village of Rogersville. It passes on the main street and all the backstreets; it's a nice tour of the village!
	Pre-Race Reg: Aréna de Rogersville		Stick around after the race for Rogersville's Brussels Sprouts Festival breakfast!
	Jean-Marc Doiron, Tel: 506-856-0655, Email: j_m_d_19@hotmail.com		

#33

JOE MCGUIRE ROAD RACE

 **Sat, July 31 / Samedi, 31 juillet**
 **Woodstock, NB**
 5km Run & Walk / 10km Run
 08:30am, Woodstock Town Hall
 Race Day Reg starts at 6:30am,
Carleton Civic Centre
 \$15.00 per person / \$35.00 per family

 Jill Dunnett, Tel: 506-325-4671,
Email: jill.dunnett@town.woodstock.nb
 *Male:* Bob Everett - 30:56
Female: Patty Blanchard - 36:23
 Sanctioned
 Very flat course, awards, T-Shirts,
draw prizes, light refreshments
Parcours plat, repas, prix de présences

August / août 2010

#34






10 KM AU COEUR DE L'ACADIE

 **Sun, Aug. 01 / Dimanche, 01 août**
 **Village de Cap-Pelé, NB**
 5km / 10km
 10:00am, Aboiteau Beach Parking Lot
 Race Day Registration until 9:30am,
Aboiteau Beach Centre
 Fees TBA
 Running Room Super Series #21

 Michel Mallet, Tel. 506-577-2042,
E-mail: michel.mallet@cap-pele.com
or: Julie Bélanger, Tel. 506-351-0186,
Email: bikejulie@hotmail.com
 *Male:* Dean Strowbridge - 35:33
Female: Suzanne Doucet - 42:10
 Fast course, T-Shirts, participation prizes,
showers, recovery food, beach to relax.
*Course rapide, T-Shirts, prix de participation,
douches, léger goûter, plage.*

#35

BRAYON COURS

 **Sun, Aug. 01 / Dimanche, 01 août**
 **Edmundston, NB**
 3km, 5km, 10km (Main Event)
 10:00am, Palladium Arena
 08:30 - 09:45am, Palladium Arena,
25, rue du Parc, Saint-Jacques
 Fees TBA

 Daniel Violette, Tel.
Email: dviolett@nbnet.nb.ca
 Timex #4 (10km),
Running Room Super Series #22 (10K)
 10km: Yohan Bosse - 34:47 (2008)
5km: Daniel Paradis - 17:05 (2008)
3km: Jonathan Dube - 13:52 (2008)
 Showers available, Tech Shirts

#36

CHIPMAN NB DAY ROAD RACE**Monday, August 2 / Lundi, 2 août**

\$20.00

**Chipman, NB***Male: Bo MacGillivery - 31:08 (1991)**Female: Patty Blanchard - 36:12 (1992)*

5km Run/Walk, 10km Run



Running Room Super Series #23 (10km)



10:00am, Chipman Centre



Fast course, T-shirts (first 75 reg), medals, awards, draw prizes, luncheon, refreshments
Parcours rapide, T-Shirt aux 75 premiers enregistrés, médailles, prix aux gagnants, prix de présences, goûter, rafraîchissements


 Race Day Reg: 08:00 - 09:30am,
 Chipman Forest Avenue School Gym

 Brenda Barton, Tel: 506-339-5182 (H),
 E-mail: bcbarton@nbnet.nb.ca
 or: Bernie Sisk, Tel: 506-339-6047

#37

JOHNSON'S INTERNATIONAL 5 MILER**Sat, August 7 / Samedi, 7 août**

Sanctioned

**Calais, Maine**

John Rogers, Tel: 207-214-8792

E-Mail: calaisrec@midmaine.com

5mi

*Male: Rorri Currie - 25:13 (1991)**Female: Michelle Cormier - 31:28 (2001)*
 10:00am NB Time (9:00am Maine)
 at Calais Main Street Park

 Note: Must have passport or passcard
 for border identification

International event through 3 communities
 and two countries – scenic 5mi course is
 run on Canadian & American soil. Note:
 Registrations will be closed at 9:00am
 Canadian for Border Control Identification.
 Please pre-register. Must have passport or
 passcard available at registration. Awards
 and trophies. T-Shirts for first 50 registered.


 Race Day Reg: 08:00 - 09:00am NB Time
 (07:00 - 08:00am Maine Time),
 Main Street Park, Calais, ME
Pre-Reg: E-Mail: calaisrec@midmaine.com

Pre-Reg \$10.00 / Race Day \$20.00

REMEMBER:
 ALL EVENTS ARE
 SUBJECT TO CHANGE.

ALWAYS CHECK WITH THE
 CONTACT PERSON AND
 REFER TO OUR WEB SITE
 WWW.RUNNB.CA FOR
 UPDATES AND RESULTS.



RAPPELEZ-VOUS :
 TOUS LES ÉVÉNEMENTS
 SONT SUJETS AU CHANGEMENT.

VÉRIFIEZ TOUJOURS AVEC
 LA PERSONNE DE CONTACT ET
 RÉFÉREZ-VOUS À NOTRE SITE WEB
 WWW.COURSENB.CA POUR
 MISES À JOUR ET RÉSULTATS.

COURSE
 RUN NB



16th Annual
**Tim Hortons
Marathon by the Sea**

**August 7th - 8th, 2010
Saint John, New Brunswick**

Full Marathon ★ Half Marathon ★ Five Miler

**The Tim Hortons Marathon by the Sea
is pleased to announce we are returning
as your SUMMER DESTINATION EVENT**

- ★ **New Date: We're back in August**
- ★ **New Courses: Designed by runners for runners**
- ★ **New events: Back by popular demand – the 5-miler**
Along with:
- ★ **Timbits Harbour Hustle (Kids Run)**
- ★ **Friendship Run**
- ★ **Pasta Meal**

This year's event will be held in conjunction with the Reunion 2010 Music Festival (August 6th - 8th), a presentation of Saint John 225, the official anniversary celebrations for the City of Saint John, Canada's Original City. Find out more at **www.saintjohn225.com**

So join us for a party you won't forget!

**www.marathonbythesea.com
Tim Hortons Marathon by the Sea,
Your Summer Destination Event!**

Join us August 7th & 8th, 2010

#38 TIM HORTONS MARATHON BY THE SEA

	Sun, Aug. 08 / Dimanche, 08 août		Pre-Reg Fees: Timbits 2km – \$5.00 / 5km – \$25.00 / 10km – \$35.00 / Half Marathon & Marathon \$55.00 (Late Fees apply after June 30 & Sept 25)
	Saint John, NB		
	Timbits Kids Run, Running Room 5 miler, Dempsters 10km, Half Marathon, Half Marathon Nordic Walk, Tim Hortons Full Marathon		Marathon: <i>Male:</i> Alex Coffin - 2:35:02 (1998) <i>Female:</i> Donna Lockett - 2:58:11 (1997)
	08:00 am, Lily Lake Pavilion Timbits Kids Run: TBA		Half-Marathon: <i>Male:</i> Alex Coffin - 1:13:25 (2008) <i>Female:</i> Lavina Gough - 1:24:23 (2000)
	Race Day Registration: YES (Times and locations TBA) - for more info, please check www.marathonbythesea.com		See event ad on page 25. The Marathon By The Sea has moved to the fall with new events & a new course! ChampionChip Timing, T-Shirts, medallion, day care service, certificate, entertainment, pre & post meals, Aquatic Centre pool pass <i>Chronométrage ChampionChip, T-Shirts, médailles, certificats, distraction, repas la soirée avant la course et repas durant la cérémonie, pass au Centre Aquatic, service de garderie</i>
	MBTS – Tel. 506-642-5555, E-mail: info@marathonbythesea.com or: Pat Grannan, E-mail: Patrick.Grannan@gnb.ca		
	Online Reg: www.events.runningroom.com or: www.marathonbythesea.com		
	Sanctioned		








#39 10KM - CAISSES POPULAIRES ACADIENNES

	Sat, August 21 / Samedi, 21 août		Gym Nautilus, Tel: 506-727-7777, E-mail: nautilus@nb.aibn.com or: Luc Thériault, Tel: 506-726-3754, Email: luctherio@hotmail.com
	Caraquet, NB		
	5km / 10km		
	Time TBA, Édifice Martin J. Légère (Fédération des caisses)		Sanctioned
	Race Day Reg YES - Time TBA, Édifice Martin J. Légère		<i>Male:</i> Jean-Guy Gautreau - 39:03 (2009) <i>Female:</i> Jennie Noël-Thériault - 45:47 (2009)
	Fees TBA		Parcours en une seule boucle - Dénivelé (modéré)

#40 UNB RACE AGAINST THE REDS

	Sat, Sept. 04 / Samedi, 04 sept.		\$20.00, 1km Kids free (all profits go to UNB Cross Country)
	Fredericton, NB		Chris Gairns, Email: c.gairns@unb.ca
	1km Kids, 5km (Teams & Individuals)		Gently rolling loops through Odell Park, awards for top 3 finishers, draw prizes, post-race BBQ
	Kids at 09:30am, 5km at 10:00am at Odell Park Lodge, Fredericton, NB		<i>Parcours à boucles avec pentes douces à travers le parc Odell, prix mérites et présence</i>
	08:00 - 9:30am, Odell Park Lodge		
	Running Room Super Series #24 (5km)		

#41 DEMI-MARATHON SAINT-FRANÇOIS

	Sun, Sept 05 / Dimanche, 05 sept		Running Room Super Series #25 (21.1km)
	Saint-Francois, NB		Male: Scott Hare - 1:09:17 (1988) Female: Patty Blanchard - 1:18:38 (1987)
	3km, 8km, 21.1km		Safety personnel, ambulance, police present. Distance indicators, Water - Time - sponges, post-race Refreshments, hot meal, showers, attractions for the family over the weekend.
	10:00am		Camping site available on request.
	08:30am, Centre Sportif J. D. Nadeau, 2130, rue Commerciale, Saint-Francois		<i>Responsable de la sécurité – ambulance et police sur les lieux. Identification des distances (km). Eau, temps, éponges le long du parcours. Eau, jus, glace, fruits après la course pour tous. Douche, activités pour la famille. Site de Camping disponible.</i>
	Half Marathon: \$18.00 / 8 km: \$12.00 / 3 km (Futures Series) la Série de l'Espoir: \$3.00		
	Gaétane Duval, Tel: 506-992-2780 Email: 9922780@nb.sympatico.ca		





#42 FÊTE AU VILLAGE DE CHARLO FALL FAIR

	Sat, Sept. 11 / Samedi, 11 sept.		Paul E. McIntyre, Tel: 506-753-7405, E-mail: paulmkl@nbnet.nb.ca – or: Roger D. Levesque, Tel: 506-826-2534
	Charlo, NB		Male: Jean-Francois Pellerin - 31:45 Female: Patty Blanchard - 34:18
	10km, 5km, 1km (Kids)		Sanctioned
	Kids 1km 09:00am, 5km & 10km start at 10:00am. – Start Location: St-François Xavier Catholic Church		Luncheon, medals, draw prizes <i>Goûter, médailles, prix de présences</i>
	Race Day Reg: 08:30 - 09:30am, Charlo Catholic Church Basement		

#43




HAMPTON FIVE MILER






 **Sun, Sept. 12 / Dimanche, 12 sept.**
 **Hampton, NB**
 5mi, 1km (Kids)
 10:00am, Hampton High School
 Race Day Reg: 08:00 - 09:30am,
Hampton High School
 Online Reg: www.atlanticchip.ca
 Provincial 8km Championship
 Reg Fees: TBA

 Timex #5,
Running Room Super Series #26
 Jeremy Fry, Tel. 506-832-2710,
E-mail: Jfry@jemdac.ca – or:
Joe Kennedy, Tel. 506-832-5511,
E-mail: the.kennedys@rogers.com
 *Male:* Joel Bourgeois - 25:53 (2007)
Female: Elita Rahn - 31:24 (2004)
 Scenic course, T-shirts (300), awards
*Parcours panoramique, T-Shirts (300),
prix aux gagnants*

#44

FUNDY ROCKS HALF MARATHON

 **Sat, Sept 18 / Samedi, 18 sept**
 **Fundy Trail, St Martins, NB**
 21.1km
 10:00am, Fundy Trail Parkway
Interpretation Centre
 08:00 - 10:00am, Fisher Lakes
 www.atlanticchip.ca

 Running Room Super Series #27
 \$20.00 / Late Fee \$40.00 (after May 1st)
 Alex Coffin, Tel. 506-696-3812
 *Male:* Justin Young - 1:24:00
Female: Denise Robson - 1:20:17
 Demanding but very scenic course, this is the
toughest half marathon in New Brunswick!!
Expect a running vest, food & bragging rights!!

#45

FALL CLASSIC ROAD RACE

 **Sun, Sept. 26 / Dimanche, 26 sept.**
 **Fredericton, NB**
 10km, 5km Run/Walk, 5km High School
Invitational, 3km Middle School Invitational
5km Corporate Challenge
 MS 3km – 9:45am / HS 5km – 10:15am /
5km, 10km & Corporate Chall. – 11:00am
All events start at Queens Square Park
 Race Day Reg: 08:00 - 09:30am,
Queens Square Park
 Online Reg: www.atlanticchip.ca
 Timex #6 (10km) /
Running Room Super Series #28 (10km)

 Reg Fees: TBA
 *Male:* Bob Everett - 31:00 (1986)
Female: Patty Blanchard - 34:50 (1984)
 E-mail: RaceDirector@FallClassic.ca
Event Info at: www.FallClassic.ca
 Event website: www.fallclassic.ca
The course is a flat, fast, out-n-back
from downtown Fredericton, across the
Saint John & along the Nashwaak River,
T-shirts, medals, draw prizes, luncheon
*Parcours aller-retour au centre-ville
de Fredericton est plat et rapide
traverse la rivière St. Jean et longe la
rivière Nashwaak, T-shirts, goûter,
médailles, prix de présences*

October / octobre 2010






#46 THE DAM RUN

	Sat, October 2 / Samedi 2 octobre		Matt Moore, Tel. 506-273-4845
	Perth-Andover, NB		E-mail: matt.moore@perth-andover.com
	10km, 5km, 1km (Kids)		or: Tasha Wright, Tel. 506-273-4845
	11:00am, River Valley Civic Centre		E-mail: tasha.wright@perth-andover.com
	10:00am, River Valley Civic Centre. Pre-registration is recommended. Please register by calling 506-273-4845		Run along the scenic St. John River to the Tobique Dam. Have fun and enjoy nature. "I ran the Dam Run" T-Shirts and great prizes!
	Running Room Super Series #29 (10km)		<i>Parcours panoramique le long de la rivière St. Jean qui se cours sur le barrage Tobique. T-Shirts et prix!</i>

#47 MARATHON LUC GALLANT

	Sun, October 10 / Dimanche, 10 octobre		Early Reg. 5km & 10km: \$25.00
	Kouchibouguac, NB		Half and Full Marathon: \$35.00 (after Sept 10th, add \$5.00)
	Full Marathon, Half Marathon, 10km, 5km, 2km Kids Run		Lisa Johnson: Tel. 506-523-5242, E-mail: johnsonlisa4@hotmail.com
	7:00 am - Marathon starts / 8:00 am - Half-marathon starts / 9:00 am - 5km and 10km / 9:30 am - Go for 42 (Kids 2 km)		Sanctioned
	Start Location: Kouchibouguac National Park		Chip Timing, Medals for all marathon and half-marathon finishers
	Race Day Reg: YES, Time & Location TBA		<i>ChampionChip, Médailles décernée à toutes les gens qui terminent le marathon ou le demi-marathon</i>
	Online Reg: www.runningroom.ca		

#48 KENNEBECASIS VALLEY CHALLENGE MARATHON

	Sun, October 17 / Dim, 17octobre		Alex Coffin: marathoncanada@live.com, or John Kelley: johnkell@nb.sympatico.ca
	Rothsay, NB		<i>Male: Chris Brake - 2:32:28 (2009)</i>
	42.2km, 21.1km, Relay		<i>Female: Elita Rahn - 3:06:55 (2004)</i>
	9:00am, Bloomfield		Jackets for marathoners, T-shirts for all others. \$20 Irving Oil Gas Card for each participant.
	Online Reg: www.atlanticchip.ca Check www.kvcmarathon.com for info		Point to point course from Bloomfield along the Kennebecasis River to Rothsay. Prizes and awards. For more details, check website: www.kvcmarathon.com
	\$45.00 / Late Fee \$60 after Sept 1st		
	Running Room Super Series #30 (42.2km)		

10th Anniversary / 10e Anniversaire

Come celebrate with us! / Venez célébrer avec nous!

October 23 and 24, 2010 / 23 et 24 octobre, 2010

www.legsforliteracy.com

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Courir pour
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- 5K, 10K, 21,7K, Marathon
- Certified course - Parcours certifié
 - Boston Qualifier
- Tentez de qualifier pour le marathon de Boston
- Half Marathon Championship - Championnat Provincial du Demi Marathon
 - Register now at www.atlanticchip.ca or www.runningroom.com
 - Enregistrez-vous dès maintenant au site: www.atlanticchip.ca

www.courirpourelire.com

RunNB Super Series event sponsored by the Running Room

Une course Super Series commanditée par CourseNB et
le Coin des Coureurs

#49 LEGS FOR LITERACY MARATHON

	Sunday, Oct. 24 / Dimanche, 24 oct.		Running Room Super Series #31 (21.1km)
	Moncton, NB		Fees TBA, check www.legsforliteracy.com
	42.2km / 21.1km / 10km / 5km		<i>21.1K Male:</i> Rami Bardeesy - 1:12:35 (2008) <i>21.1K Female:</i> Denise Robson - 1:18:54 (2008)
	Start Times TBA		See event ad on page 30 and check info at the event website www.legsforliteracy.com
	Absolutely NO Race Day Registration!		Chip timing, post race meal, Tech Shirts, expo, awards, refreshments. Walkers welcome in all events (marathon walkers start at 7:00am)
	Online Reg: www.runningroom.com and www.atlanticchip.ca		<i>Chronométrage ChampionChip, goûter, prix aux gagnants, T-Shirts, marcheurs sont invités (marche du marathon débute à 7:00am)</i>
	Provincial Half Marathon Championship		
	Marie Wilson, Tel: 506-387-5919, Email: legsforliteracy@rogers.com		

#50 THE CREEPY CRAWL 5K & 1K KIDS RUN

	Sat, October 30 / Samedi 30 oct		Alex Coffin, Tel: 506-696-3812, E-mail: marathoncanada@live.com
	Saint John, NB		Running Room Super Series #32 (5km)
	5km, 2km (Youth)		<i>Male:</i> Matt McNeil - 16:39 (2009) <i>Female:</i> Brenda Guitard - 20:17 (2009)
	09:00am, St Mark's United		Awards, Draw Prizes. Prizes for best costumes. Prizes to top 3 overall men and women. Poker Run Competition!
	Race Day 07:00 - 09:00am, St Mark's United on Dexter Avenue		
	\$5.00		

REMEMBER:
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COURSE RUN NB

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MISES À JOUR ET RÉSULTATS.



**Have you seen the new Run NB website?
Avez-vous visité le nouveau site web de CourseNB?**

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TIMES**

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RUN NEW BRUNSWICK HALL OF FAME

LE TEMPLE DE LA RENOMMÉE

COURSE NOUVEAU BRUNSWICK

In 2009, RunNB created its own Hall of Fame. The RunNB Hall of Fame is a way to honour runners and builders who have distinguished themselves in the sport of road running over many years. Each running season, RunNB will select candidates to the Hall of Fame and honour them at the year-end awards banquet. Last season, RunNB inducted two runners in the Hall of Fame. The 2009 inductees are Joe McGuire and Eunice Phillips.

En 2009, CourseNB innova son Temple de la Renommée. Ce dernier permet d'honorer des coureurs et fondateurs qui se sont distingués à travers les années dans le sport de la course sur route.

Chaque année, CourseNB sélectionnera des candidats qui figureront au Temple de la Renommée et qui seront honorés lors du banquet de fin de saison. L'an passé, CourseNB a reconnu deux coureurs au Temple de la Renommée. Soit Joe McGuire et Eunice Phillips.



Eunice Phillips born, 1950 in Fredericton, NB and is recognized as one of New Brunswick's most decorated female marathoners. Between the year 1985 and 1999, the Frederictonian ran more than 30 marathons. In 1989, she represented NB at Les Jeux de la Francophonie in Morocco. Eunice also competed at the World Masters Championship in Finland in 1991. Phillips best marathon time of 3:00:06 was run in Ottawa in 1990, where she finished first master.

Eunice Phillips, né 1950 à Frédéricton au N.-B. Eunice est reconnue comme étant la marathonienne la plus décorée. Entre 1985 et 1999, elle courue plus de 30 marathons. En 1989, elle représente le N.-B. aux Jeux de la francophonie au Maroc. En 1991, elle compétitionnait au Championnat des Maitres en Finlande. Eunice coura son meilleur marathon en 1991 à Ottawa où elle décrocha la première place avec un temps de 3:00:06.



Joseph ("Joe") Harold McGuire, born December 26, 1943 in Woodstock, NB was a distinguished distance runner between the year 1977 and 1998 best known as New Brunswick's current record holder for fastest marathon time of 2:27:51.

Joseph ("Joe") Harold McGuire né à Woodstock, le 26 décembre 1943. Ce coureur de distance s'est surtout distingué entre 1977 et 1998. Il détient encore à ce jour le record du Nouveau-Brunswick pour le plus vite marathon avec un temps de 2:27:51.



RunNB's Celebration of Running and Walking 2010

Saturday, November 13th, 2010
Lily Lake Pavilion, Saint John

Check RunNB website for more information.

La célébration de CourseNB de la course et de la marche 2010

Samedi, le 13 novembre 2010
Pavillon Lily Lake, Saint-Jean

Voir le site de CourseNB pour plus d'information.



Agenda includes:

- ★ Informal time for runners to chat
- ★ Supper (different choices available)
- ★ RunNB Super Series 2010 awards
(Age groups Top 3)
- ★ RunNB Special awards
- ★ Slide production from 2010 races
- ★ Draw prizes!

Agenda:

- ★ Socialisation informelle
- ★ Souper (divers choix disponibles)
- ★ Prix CourseNB Super Series 2010
(3 premiers des groupes d'âges)
- ★ Prix spéciaux CourseNB
- ★ Diaporama des courses de 2010
- ★ Prix de participation!

GUEST SPEAKER / INVITÉ :

Patti Blanchard

**It's an event you don't want to miss!
C'est un événement à ne pas manquer!**

2009 SUPER SERIES AGE CATEGORY WINNERS

CAT.	NAME/CITY	POINTS	CAT.	NAME/CITY	POINTS
-19	Andrew Vail, Saint John	385	-19	Danica Arsenau, Dunlop	335
20-29	Justin Young, Saint John	440	20-29	Sara Young, Saint John	393
30-39	Dean Strowbridge, Willow Grove	895	30-39	Gina Hyslop, Kingston	527
40-49	Yanick Tremblay, Miramichi	575	40-49	Nathalie Carrier, Beresford	658
50-59	Sylvio Bourque, Grande-Digue	1090	50-59	Lucy McCray, Miramichi	670
60-69	Raymond Caissie, Richibucto-V	595	60-69	Maryse Jacob, Shediac	250
70+	Frank Kelly, Saint John	700	70+	Betty Mitham, Kingston	100

2010 RUNNING ROOM SUPER SERIES RACES

SS	DATE	RACE	LOCATION	RACE	PAGE
#1	APR 11	LINCOLN 5K ROAD RACE (PROV. 5KM)	LINCOLN, NB	#01	11
#2	APR 24	15 KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	#04	12
#3	MAY 9	FREDERICTON MARATHON (PROV. MARATHON)	FREDERICTON, NB	#06	13
#4	MAY 16	GET YOUR BLOOD PUMPING	SAINT JOHN, NB	#08	13
#5	JUNE 5	RIVER VALLEY RAVE RUN	GRAND BAY WFLD, NB	#12	15
#6	JUNE 5	COURSE ASSUMPTION VIE	DIEPPE, NB	#13	15
#7	JUNE 6	MARATHON DE LA BAIE DES CHALEURS	CHARLO, NB	#15	16
#8	JUNE 12	CHALEUR BANQUE NATIONALE (PROV. 10KM)	BERESFORD, NB	#16	16
#9	JUNE 13	CATCH THE BUG	SAINT JOHN, NB	#17	16
#10	JUNE 19	ARMY 10 K	CFB GAGETOWN, NB	#18	17
#11	JUNE 20	ST. ANDREWS FATHER'S DAY ROAD RACE	ST. ANDREWS, NB	#19	17
#12	JUNE 20	DO IT FOR DAD	SAINT JOHN, NB	#20	17
#13	JUNE 26	10KM RHEAL-HACHÉ	ST-ISIDORE, NB	#21	18
#14	JUNE 26	DAIRY QUEEN 10K	CAMPBELLTON, NB	#23	18
#15	JUNE 27	CST. BRUCE HADLEY RELAY	LAVILLETTE, NB	#24	19
#16	JULY 1	CANADA DAY 10-MILER	GRAND BAY WFLD, NB	#25	19
#17	JULY 3	GEORGE GALLANT ROAD RACE	SHEDIAC, NB	#26	19
#18	JULY 4	MIRAMICHI ROCK 'N RUN	MIRAMICHI, NB	#27	20
#19	JULY 10	COURSE À PIED « BON COEUR »	SAINT-QUENTIN, NB	#28	20
#20	JULY 17	COURSE CLARENCE BASTARACHE	BOUCTOUCHE, NB	#31	22
#21	AUG 1	10KM AU COEUR DE L'ACADIE	CAP PELE, NB	#34	23
#22	AUG 1	BRAYONS COURS	EDMUNDSTON, NB	#35	23
#23	AUG 2	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	#36	24
#24	SEP 4	UNB RACE AGAINST THE REDS	FREDERICTON, NB	#40	27
#25	SEP 5	DEMI-MARATHON SAINT FRANCOIS	SAINT FRANCOIS, NB	#41	27
#26	SEP 12	HAMPTON 5-MILER (PROV. 5MI)	HAMPTON, NB	#43	28
#27	SEP 18	FUNDY ROCKS HALF MARATHON	ST MARTINS, NB	#44	28
#28	SEPT 26	FALL CLASSIC ROAD RACE	FREDERICTON, NB	#45	28
#29	OCT 2	THE DAM RUN	PERTH-ANDOVER, NB	#46	29
#30	OCT 17	KENNEBECASIS VALLEY CHALLENGE MARATHON	ROTHESAY, NB	#48	29
#31	OCT 24	LEGS FOR LITERACY (PROV. HALF MARATHON)	MONCTON, NB	#49	31
#32	OCT 30	THE CREEPY CRAWL 5K AND 1K KIDS RUN	SAINT JOHN, NB	#50	31

2010 TIMEX SERIES RACES

DATE	RACE	LOCATION	RACE	PAGE	
#1	APR 24	GRANDE DIGUE 15KM	GRANDE-DIGUE, NB	#04	12
#2	JUN 26	RHEAL HACHE	ST. ISIDORE, NB	#21	18
#3	JUL 3	GEORGE GALLANT	SHEDIAC, NB	#26	19
#4	AUG 1	BRAYON COURS	EDMUNDSTON, NB	#35	23
#5	SEP 12	HAMPTON 5-MILER	HAMPTON, NB	#43	28
#6	SEP 26	FALL CLASSIC ROAD RACE	FREDERICTON, NB	#45	28

#1	🏆	APR 11	LINCOLN 5K ROAD RACE (PROV. 5KM)	LINCOLN, NB	SUPER SERIES
#2		APR 18	ROTHESAY SPRING FLING	ROTHESAY, NB	SANCTIONED
#3		APR 24	BRENT KELLY MEMORIAL RUN/WALK	SAINT JOHN, NB	SANCTIONED
#4		APR 24	15 KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	SS / TIMEX
#5		APR 25	DAVE MACAULAY 5K FOLLY	SACKVILLE, NB	SANCTIONED
#6	🏆	MAY 09	FREDERICTON MARATHON (PROV. 42.2KM)	FREDERICTON, NB	SUPER SERIES
#7		MAY 16	K-PARK 5K	ROTHESAY, NB	SANCTIONED
#8		MAY 16	GET YOUR BLOOD PUMPING 10K	SAINT JOHN, NB	SUPER SERIES
#9		MAY 29	COURSE ALFRED-VICTORIA DESROSIERS	BALMORAL, NB	SANCTIONED
#10		MAY 29	WALK OF LIFE / MARCHÉ DE LA VIE	MONCTON, NB	SANCTIONED
#11		MAY 30	RUN TO CURE DIABETES	OROMOCTO, NB	SANCTIONED
#12		JUN 05	RIVER VALLEY RAVE RUN	GRAND BAY WFLD, NB	SUPER SERIES
#13		JUN 05	COURSE ASSOMPTION VIE	DIEPPE, NB	SUPER SERIES
#14		JUN 06	ELEMENTARY CARING FOR KIDS 5K	ROTHESAY, NB	SANCTIONED
#15		JUN 06	MARATHON DE LA BAIE DES CHALEURS	CHARLO, NB	SUPER SERIES
#16	🏆	JUN 12	CHALEUR BANQUE NATIONALE (PROV. 10KM)	BERESFORD, NB	SUPER SERIES
#17		JUN 13	CATCH THE BUG	SAINT JOHN, NB	SUPER SERIES
#18		JUN 19	ARMY 10K	CFB GAGETOWN, NB	SUPER SERIES
#19		JUN 20	ST. ANDREWS FATHER'S DAY ROAD RACE	SAINT ANDREWS, NB	SUPER SERIES
#20		JUN 20	DO IT FOR DAD	SAINT JOHN, NB	SUPER SERIES
#21		JUN 26	10 KM RHÉAL-HACHÉ	ST-ISIDORE, NB	SS / TIMEX
#22		JUN 26	CST. BRUCE HADLEY RELAY FOR HEART	F'TON/ED'STON, NB	SANCTIONED
#23		JUN 26	DAIRY QUEEN 10KM	CAMPBELLTON, NB	SUPER SERIES
#24		JUN 27	CST. BRUCE HADLEY RELAY 1/2 MARATHON	LAVILLETTE, NB	SUPER SERIES
#25		JUL 01	CANADA DAY 10 MILER	GRAND BAY WFLD, NB	SUPER SERIES
#26		JUL 03	GEORGE GALLANT ROAD RACE	SHEDIAC, NB	SS / TIMEX
#27		JUL 04	MIRAMICHI ROCK 'N' RUN	MIRAMICHI, NB	SUPER SERIES
#28		JUL 10	COURSE À PIED «BON CŒUR»	SAINT-QUENTIN, NB	SUPER SERIES
#29		JUL 11	EMERA BRUNSWICK PIPELINE GREEN SPACE	SAINT JOHN, NB	SANCTIONED
#30		JUL 17	GRAND MANAN BOYS & GIRLS CLUB RACE	GRAND MANAN, NB	SANCTIONED
#31		JUL 17	COURSE CLARENCE BASTARACHE RUN	BOUCTOUCHE, NB	SUPER SERIES
#32		JUL 31	5KM DU FESTIVAL DES CHOUX DE BRUXELLES	ROGERSVILLE, NB	SANCTIONED
#33		JUL 31	JOE MCGUIRE ROAD RACE	WOODSTOCK, NB	SANCTIONED
#34		AUG 01	10KM DU CŒUR DE L'ACADIE	CAP PELÉ	SUPER SERIES
#35		AUG 01	BRAYON COURS	EDMUNDSTON, NB	SS / TIMEX
#36		AUG 02	CHIPMAN NB DAY ROAD RACE	CHIPMAN, NB	SUPER SERIES
#37		AUG 07	JOHNSON'S INTERNATIONAL 5 MILER	CALAIS, USA	SANCTIONED
#38		AUG 08	TIM HORTONS MARATHON BY THE SEA	SAINT JOHN, NB	SANCTIONED
#39		AUG 21	10KM - CAISSE POPULAIRE ACADIE	CARAQUET, NB	SANCTIONED
#40		SEP 04	UNB RACE AGAINST THE REDS	FREDERICTON, NB	SUPER SERIES
#41		SEP 05	DEMI-MARATHON SAINT-FRANCOIS	SAINT-FRANCOIS, NB	SUPER SERIES
#42		SEP 11	FÊTE AU VILLAGE - CHARLO - FALL FAIR	CHARLO, NB	SANCTIONED
#43	🏆	SEP 12	HAMPTON 5 MILER (PROV. 5MI)	HAMPTON, NB	SS / TIMEX
#44		SEP 18	FUNDY ROCKS HALF MARATHON	ST MARTINS, NB	SUPER SERIES
#45		SEP 26	FALL CLASSIC ROAD RACE	FREDERICTON, NB	SS / TIMEX
#46		OCT 02	THE DAM RUN	PERTH-ANDOVER, NB	SUPER SERIES
#47		OCT 10	MARATHON LUC GALLANT	KOUCHIBOUQUAC, NB	SANCTIONED
#48		OCT 17	KENNEBECASIS VALLEY MARATHON	ROTHESAY, NB	SUPER SERIES
#49	🏆	OCT 24	LEGS FOR LITERACY (PROV. 21.1KM)	MONCTON, NB	SUPER SERIES
#50		OCT 30	CREEPY CRAWL 5K	SAINT JOHN, NB	SUPER SERIES

MY FINISH TIME	NOTES & COMMENTS	RACE
		#1
		#2
		#3
		#4
		#5
		#6
		#7
		#8
		#9
		#10
		#11
		#12
		#13
		#14
		#15
		#16
		#17
		#18
		#19
		#20
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		#30
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		#32
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		#34
		#35
		#36
		#37
		#38
		#39
		#40
		#41
		#42
		#43
		#44
		#45
		#46
		#47
		#48
		#49
		#50

EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON AND REFER TO OUR WEB SITE FOR UPDATES.



- ★ Road Race & Triathlon Timing
- ★ Online Registration & Results
- ★ ChampionChip Timing at event
- ★ Real-time results during the event

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Booklet Layout by Wolfgang Steffe,
Desktop X-Press Graphic Design
Fredericton, NB / 506-457-0764

Cover Design by Trackie Group Inc.

THANKS TO ROB JACKSON FOR HIS NINE YEAR CONTRIBUTION

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